ILF-COM Chronic Oedema Outcome Measures Survey

Results from Ireland

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Introduction

NLFI responded to the request from ILF to participate in the Chronic Oedema Outcome Measure project. The survey monkey was distributed to the relevant groups and 127 responses were returned.

Objectives

On analysis of the responses, NLFI decided to highlight the outcome measures used most frequently amongst practitioners in Ireland.

Results

With regard to outcome measures, amongst the top 5 of those most frequently used during assessment and believed to be most important are:

- Circumferential measurement with volume
- Quality of life
- Episodes of cellulitis

Conclusion

The wider range of outcome measures are not commonly used in Ireland, and there is recognition that further education, specialist lymphoedema services and recognised national guidelines and standards would improve this situation.