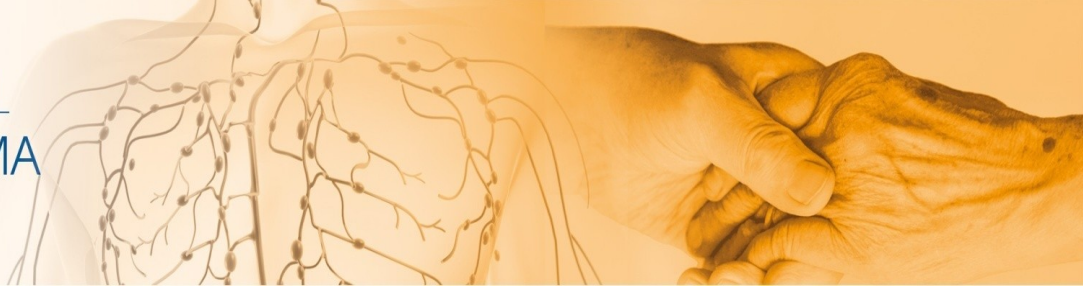




INTERNATIONAL
LYMPHOEDEMA
FRAMEWORK



ILF

2010 Conference






Brighton – March 23-25, 2010

2nd Announcement

1. Access & Accomodation

1.1. Brighton (www.visitbrighton.com)

Getting to Brighton is easy. It is

-  just under an hour by rail from London
-  about 45 minutes by road from the M25 London orbital motorway
-  half-an-hour from London Gatwick Airport by direct train (www.gatwickairport.com - Gatwick train station is within the Terminal building)
-  on a direct rail link from the Eurostar Service at St Pancras
-  accessible by regular coach connections from London Heathrow and London Gatwick airports

1.2. The Brighton Centre

Located on the sea front on King's Road, the Brighton Centre is easily reached from all directions. It is walking distance from a wide range of hotels for all budgets.



1.3. Accomodation

Brighton offers a wide range of hotels and accomodation within walking distance of the Brighton Centre.

ILF has contracted VisitBrighton to ensure that delegates benefit from the best available rates.

To book your hotel, please use the following link :

2. Programme

2.1. Programme overview

Date	Morning	Afternoon
Monday, March 22, 2010	ILF Open Space Meeting « The international challenges of improving the management of lymphoedema locally »	
Tuesday, March 23, 2010	Registration	ILF Conference
Wednesday, March 24, 2010	ILF Conference	
	Lymphoedema Support Network Patients' Conference	
Thursday, March 25, 2010	ILF Conference	Joint ILF/ICC* Meeting
Friday, March 26, 2010	ICC Meeting	
* ICC : International Compression Club		

2.2. ILF Conference

In 2010, the theme for the Conference will be : « Lymphoedema Frameworks : a patient centered approach » as a commitment to one of ILF's core values.

ILF has also made the choice to offer delegates a truly interactive conference with short « straight to the point » Plenary Sessions (2.2.1.) immediately followed by Interactive Sessions (2.2.2.) or Skills Development Workshops (See 2.2.3.).

2.2.1. Plenary Sessions and Keynote Speakers

All Sessions will start with a plenary meeting in the main conference room during which the keynote speakers will have the opportunity to « set the scene » for their assigned topic in a presentation that should last not more than 10 minutes each.

The Plenary sessions are as follows :


When		Session	Keynote speakers (as of 24/11/09)
Tuesday, March 23	13.00 – 15.15	Session A : The Filariasis Patient	J. McDonald – N. Stout – P. Brantus
	15.45 – 18.00	Session B : Patient Empowerment	A. Wallace – A. Kennedy – S. Thiadens
Wednesday, March 24	08.00 – 10.15	Session C : Children with Lymphoedema	P. Mortimer – I. Quéré – J. Todd
	10.45 – 13.00	Session D : The Bariatric Patient	
	13.30 – 14.30	Symposium 1 : The Breast Care Patient	
	14.30 – 16.45	Session E : Risk Reduction	J. Armer – N. Stout – J. Cormier
	17.00 – 18.00	Symposium 2 : The Lipoedema Patient	I. Forner-Cordero –
Thursday, March 25	08.30 – 10.15	Session F : The Role of Surgery	H. Brorson – R. Baumeister
	10.45 – 13.00	Session G : The Palliative Patient	A. Towers – V. Keeley – A. Cheville – D. Keast
	13.30 – 14.30	Symposium 3 : Standards of Education	M. Sneddon
	14.30 – 17.00	ILF/ICC Session : Dogma vs Science	


The list of keynote speakers will be updated regularly on the ILF website.

2.2.2. Interactive Sessions

The interactive sessions will take place in a different room and will be led by the keynote speakers and will allow them to expand on their plenary presentations and interact with the delegates.

ILF understands that the choice of concurrent sessions can be frustrating for delegates who would like to attend alternative sessions. To reduce this inconvenience, a system of Question/Comment Cards and Session Reports will be introduced.


 **Question/Comment Cards** will allow delegates to ask a question or make a comment/suggestion during an Interactive Session while attending another.


 **Session Reports** will be produced immediately after the Interactive Sessions and will be posted in the « keep up with the conference » area in the Global Village. These reports will provide an overview of the main topics that have been covered, the main issues that have been raised, eventual outcomes (publication projects, creation of working groups,...), answers to Question Cards, etc


2.2.3. Skills Development Workshops


These workshops will provide the opportunity for delegates to practise their skills or learn new ones during 1^{1/2} hours of practical activities. Some of these sessions will be sponsored.

There will be 4 categories of Skills Development Workshops :

 **Exercise & Movements** : The initial workshop will consist of a presentation on the evidence of the role of Exercise & Movements in the management of lymphoedema, followed by a review of all types of exercise practised worldwide. The following workshops will each focus on one type of Exercise & Movements and will consist of a brief theoretical presentation followed by practice : Yoga from India, Tai-chi, Meditative exercise, ...

 **Diagnostic & Measurement** : N. Piller will lead the initial workshop during which he will show the pros and cons of the variety of types of measurement of lymphoedema and how they can help in differential diagnosis as well as in accurate measurement of treatment outcomes. The following workshops will be the opportunity for delegates to learn more about each of these measurement techniques and to practice with the units. These workshops will be sponsored.

 **Treatment** : A wide range of workshops on Treatment, including Bandaging and Made-to-measure garments, will be offered. The full list of workshops will be announced approximately one month before the conference.

 **Supportive Therapy** : A wide range of workshops on Supportive Therapy, such as Pumps and Devices, will be offered. The full list of workshops will be announced approximately one month before the conference.

2.2.4. Free Papers & Posters

A maximum of 2 Free Papers per Interactive Session will be accepted.

Abstracts (see 7.) are required for all Free Papers and Posters.

2.3. ILF Open Space Meeting

It has been said that Open Space works best when the work to be done is complex, the people and ideas involved are diverse, the passion for resolution is high, and the time to get it done was yesterday (www.michaelherman.com)

That is why, on Monday, March 22, ILF will host an Open Space Meeting on « The international challenges of improving the management of lymphoedema locally ».

The Objective of this meeting is to identify the real issues, barriers, and challenges, but also the opportunities and synergies that exist today in the lymphoedema world.

This will enable ILF built its 2011-2013 Strategic Plan and make sure that its agenda and future actions will really contribute to the improvement of the management of lymphoedema and related disorders worldwide.

This meeting is particularly recommended to the members of the lymphoedema community who believe in international collaboration and want to broaden their horizon.

2.4. LSN Conference

We, at ILF, are particularly proud of our partnership with the Lymphoedema Support Network (The UK Patients' Association) who will hold their 2nd Patients' Conference on Wednesday, March 24, in the Brighton Centre. More details about this Conference will be available soon and will be posted on our website.

2.5. ILF/ICC Joint Meeting

We are also very proud to announce that ILF and the International Compression Club (ICC) will host a joint session on Thursday afternoon, March 25, and that the ICC will meet in Brighton the following day.

3. The Global Village

In 2010, the Global Village will be at the heart of the Conference. ILF wants this space to be the place where the international lymphoedema community has the chance to meet and talk.

3.1. Forum

Various activities will allow delegates to learn about how things are done in other places, to explain how they do them, and to meet other delegates who share the same interests in the field of lymphoedema.

3.2. Internet Café

A specific area will be dedicated to those who want to keep in touch with their family, friends, work via internet.

3.3. « Keep up with the Conference » and Posters Area

A designated area will be set aside for posting Interactive Sessions Reports and for Posters.

4. Exhibition

The exhibition area will open on Tuesday, March 23 afternoon and will close on Thursday, March 25 afternoon. Please see Programme for more details.

ILF offers creative opportunities to exhibitors. If you are interested in exhibiting at the 2010 ILF Conference, please contact us at contact@lympho.org.

The list of exhibitors will be posted on our website and will be updated regularly.




5. Catering

All tea/coffee breaks and lunches will be served in the Global Village.
Locations for the dinners will be announced at a later stage.

Day	Time	Catering
Monday, March 22 (Open Space Meeting registered delegates only)	09.30 – 10.00	Welcome Tea/Coffee
	13.00 – 14.00	Lunch (Market place)
	19.30 – 21.00	International Lymphoedema Frameworks Dinner
Tuesday, March 23	15.15 – 15.45	Tea/Coffee Break
	19.00 – 21.00	Dinner + Evening Lecture
Wednesday, March 24	10.15 – 10.45	Tea/Coffee Break
	13.00 – 14.30	Lunch + Symposium
	16.45 – 18.00	Tea/Coffee Break + Symposium
	19.00 -	Gala Dinner
Thursday, March 25	10.15 – 10.45	Tea/Coffee Break
	13.00 – 14.30	Lunch + Symposium

The Gala Dinner will be held on Wednesday evening. It will be another opportunity for delegates to mingle in a friendly atmosphere. Dress code will be smart/casual and ILF encourages international delegates to wear their national costume if they would like to do so.

The highlights of the Gala Dinner will be :

-  **The Awards** : presented to individuals or organisations who have contributed to the improvement in the management of lymphoedema.
-  **Wine tasting**
-  **Barn dancing**

6. Registration

Registration can either be on line by clicking the following link : Register on line, or by downloading the registration form and sending it by post, email or fax to the following address :

Final details of the Interactive Sessions and Skills Development Workshops will be announced approximately 1 month before the Conference and ILF will then contact delegates to ask for their choice of sessions (See Draft Programme for more information).

Please note that some of these sessions will have limited access and places will be allocated on a first registered first served basis. We therefore recommend you register as soon as possible.

7. Abstracts

The deadline for abstract submission is January 15, 2010.

Presenting authors will be notified of acceptance/rejection of their abstract on January 31, 2010.

Abstracts must be submitted in English should be limited to 250 words, and be submitted on the enclosed template : [ILF Abstracts Template](#)

All abstracts will be published and possibly translated into different languages. The submission of an abstract indicates consent to its publication and translation.

Presenting authors must be registered for the Conference.

A maximum of 2 abstracts will be accepted for each Interactive Session.

Should you have any questions concerning the abstracts, please contact ILF at contact@lympho.org