

Timings	Conference theatre	Timings	Conference suite 1	Timings	Conference suite 2	Timings	Conference suite 4
8:00	Registration						
<b>Cellulitis</b> Chair: Christine Moffatt CBE							
08:30	<b>Opening session</b> Christine Moffatt CBE (UK) and Michelle Rhodes (UK)						
08:45	<b>Differential diagnosis of cellulitis and the LIMPRINT results of cellulitis in the upper limb</b> Ewa Burian (Denmark)						
09:00	<b>Antimicrobials for cellulitis, including prophylaxis and rescue criteria</b> Vaughan Keeley (UK)						
09:15	<b>The cellulitis improvement programme</b> Melanie Thomas (UK)						
09:30	<b>Red legs syndrome</b> Rebecca Elwell (UK)						
09:45	<b>The financial cost of cellulitis</b> Ioan Humphreys (UK)						
10:00	<b>The development of CelluProm</b> Marie Gabe Walters (UK)						
10:15	<b>Questions for the speakers</b>						
10:30	<b>Coffee break/exhibition viewing</b>	10:30	<b>Coffee break/exhibition</b>	10:30	<b>Coffee break/exhibition</b>		
<b>Using data to change practice</b> Chair: Rhian Noble-Jones		<b>Knowledge and social innovation in low resourced settings</b> Chair: David Keast		<b>Abstracts 1</b> Chair: Ewa Burian			
11:00	<b>The PLACE Study RCT compression to prevent BCRL</b> Vaughan Keeley (UK)	11:00	<b>Political economy of lymphoedema</b> Jon Gorry (UK)	11:00	<b>The efficacy of complete decongestive treatment and laser therapy in a male patient with advanced genital lymphedema</b> Pinar Borman (Turkey)		
11:15	<b>Sharing practice to collect a minimum dataset (MDS) for the UK and Ireland/Eire</b> Yolande Borthwick (UK)	11:15	<b>Exploring knowledge and social innovation in low resource settings</b> Linda Gibson (UK)	11:15	<b>The perception of self-care by men diagnosed with lymphoedema: an online survey within the United Kingdom and Republic of Ireland</b> Garry Cooper-Stanton (UK)		
11:30	<b>Lymphoedema is a 'wicked' problem</b> Ellie Dring (UK)	11:30	<b>The Gates Foundation update</b> SR Narahari (India) — pre-recorded session	11:30	<b>Manual lymphatic drainage and additional physiotherapy in male breast cancer: a case-report</b> Margit Eidenberger (Austria)		
11:45	<b>Partners in fluid — heart failure and lymphoedema</b> Karen Morgan (UK)	11:45	<b>Lymphoedema in Uganda</b> Lydia Kabiri (Uganda)	11:45	<b>Characteristics of lymphoedema, in particular midline lymphoedema, after treatment for prostate cancer: a retrospective study</b> Charlotte Van Calster (Belgium)		
12:00	<b>Chronic oedema in multiple sclerosis</b> Vaughan Keeley (UK)	12:00	<b>Best practice in resource-limited countries</b> David Keast (Canada)	12:00	<b>Genital lymphedema compression garments: can less be more?</b> Shelley DiCecco (USA)		
12:15	<b>The costs of Did Not Attend and Unable to Attend on a lymphoedema service</b> Rhian Noble Jones (UK)	12:15	<b>Disability and chronic oedema</b> Asma Alderaa (Saudi Arabia)	12:15	<b>Patient outcomes from wearing Mobiderm intimate genital lymphoedema compression garments</b> Cheryl Pike (UK)		
12:30	<b>Questions for the speakers</b>	12:30	<b>Questions for the speakers</b>	12:30	<b>Where is the role of intermittent pneumatic compression in the treatment of patients with stage II secondary lymphedema of the leg, after treatment gynecological cancer?</b> Tanja Planinsek Rucigaj (Slovenia)		
12:45	<b>Lunch break/exhibition viewing</b>	12:45	<b>Lunch break/exhibition viewing</b>	12:45	<b>Coffee break/exhibition</b>		
<b>Breast cancer lymphoedema</b> Chair: Asma Alderaa		<b>Impact and outcomes</b> Chair: Karen Morgan		<b>Abstracts 2</b> Chair: Jane Wigg			
14:00	<b>Canadian practice guidelines for breast cancer-related lymphoedema</b> Margaret McNeely (Canada)	14:00	<b>Management of the patient with lymphoedema in Italy: lights and shadows</b> Sandro Michelini (Italy)	14:00	<b>A learning health environment for lymphoedema. Laying the groundwork for digital transformation</b> Robyn Sierla (Australia)		
14:20	<b>Are infusions in the at-risk arm associated with increased risk of breast cancer-related lymphoedema?</b> Alphonse Taghian (USA)	14:20	<b>Lymphoedema and lipoedema: usefulness of 3D ultrasound diagnostics in tissue evaluation</b> Marina Cestari (Italy)	14:20	<b>Pilot study to identify the need for lymphoedema input at community virtual wards</b> Karl Hocking (UK)		
14:40	<b>Breast LYMQOL and breast oedema</b> Katie Riches (UK)	14:35	<b>New All Ireland Guidance for lymphoedema</b> Kay Morris (UK)	14:35	<b>Lymphostatic fibrosclerosis — why we need the words to say what we see and feel</b> Janet Massey		
14:55	<b>Covid vaccine side-effects in a population prospectively screened for breast cancer-related lymphoedema</b> Cheryl Brunelle (USA)	14:50	<b>Health economic impact of lymphoedema and chronic oedema</b> Karen Morgan (UK)	14:50	<b>Building of the lymphedema awareness and treatment system in Russia</b> Aleksandra Rovnaia (Russia)		
15:10	<b>Breast cancer-related lymphoedema: what can we expect from the near infrared lymphofluorescopy imaging</b> Jean-Paul Belgrado (Belgium)	15:10	<b>The use of BIS in different research settings</b> Vaughan Keeley (UK)	15:10	<b>Group singing for people with lymphoedema or lipoedema. Report on a funded pilot project</b> Margaret Anne Garner (UK)		
15:25	<b>Evidence of MLD and more specifically the results of the Effort-BCRL trial</b> Nele Devoogdt (Belgium)	15:25	<b>Diagnostic mechanisms of genital lymphoedema. Impact on their management</b> Sandrine Mestre Godin (France)	15:25	<b>Cellulitis education in primary care</b> Linda Jenkins (UK)		
15:45	<b>Questions for the speakers</b>	15:45	<b>Questions for the speakers</b>	15:45	<b>The role of a volunteer telephone support service (VTSS) in supporting a lymphoedema service</b> Yolande Borthwick (UK)		
16:00	<b>Coffee break/exhibition viewing</b>	16:00	<b>Coffee break/exhibition viewing</b>	16:00	<b>Coffee break/exhibition</b>	16:00	<b>Coffee break/exhibition</b>
<b>Panel discussion</b> Chair: Melanie Thomas		<b>Skills Zone 1</b> Lecturers: Rhian Noble Jones, Elodie Stasi and Pinar Borman		<b>Skills Zone 2</b> Lecturers: Susan Norregaard, Justine Whitaker and Karen Morgan		<b>Skills Zone 3</b> Lecturers: Jane Wigg and Cheryl Pike	
16:30	<b>Panel discussion: current state of lymphoedema — evidenced-based recommendations?</b> Jane Armer (USA), Vaughan Keeley (UK), Christine Moffatt CBE (UK), Kathleen Francis (USA) and the above speakers	16:30	<b>Skills Zone 1</b> Genital oedema	16:30	<b>Skills Zone 2</b> Compression solutions	16:30	<b>Skills Zone 3</b> MLD and scar massage
		17:00	<b>Skills Zone 1</b> Genital oedema	17:00	<b>Skills Zone 2</b> Compression solutions	17:00	<b>Skills Zone 3</b> MLD and scar massage
17:30	<b>Close of day 1</b>	17:30	<b>Close of day 1</b>	17:30	<b>Close of day 1</b>	17:30	<b>Close of day 1</b>

Timings	Conference theatre	Timings	Conference suite 1	Timings	Conference suite 2	Timings	Conference suite 4
8:00	Registration						
<b>Compression</b> Chair: Tonny Karlsmark		<b>Abstracts 3</b> Chair: Cheryl Brunelle		<b>Outcomes</b> Chair: Martina Sykorova		<b>Low resource settings</b> Chair: David Musoke	
08:30	<b>Stopping the cycle: the efficacy and costs of compression therapy to prevent lower limb recurrent cellulitis</b> Elizabeth Webb (Australia)	08:30	<b>Bioimpedance spectroscopy</b> Cheryl Brunelle (USA)	08:30	<b>Preliminary insights from a scoping review: chronic oedema outcome measures</b> Martina Sykorova (UK)	08:30	<b>Understanding lymphoedema in Uganda from a public health perspective</b> Arthur Bagonza (Uganda) — pre-recorded session
08:50	<b>Compression therapy to prevent recurrent cellulitis: putting it into practice</b> Elizabeth Webb (Australia)	08:45	<b>Flexidose study</b> Vaughan Keeley (UK)	08:45	<b>The British Lymphology Society (BLS) National Lymphoedema Tariff Guide and Cost Calculator</b> Lorraine Brown (UK)	08:45	<b>Applying a socio-ecological lens to lymphoedema research in low resource settings</b> Linda Gibson (UK)
09:05	<b>Are compression wraps value-based interventions?</b> Cheryl Pike (UK)	09:00	<b>Relation between characteristics of ICG lymphography and the development of breast cancer-related lymphedema</b> Sarah Thomis (Belgium)	09:00	<b>Ultrasonography for improving lymphoedema care</b> Misako Dai (Japan) — pre-recorded session	09:00	<b>Understanding mental health and stigma in lymphoedema in low resource settings through the interface of medical and indigenous knowledge systems and Afrocentrism</b> Tholene Sodi (South Africa)
09:20	<b>Testing pressures and stiffness on compression garments</b> Gavin Hughes (UK)	09:15	<b>Breast lymphoedema following breast cancer treatment</b> Gillian Buckley (Australia)	09:15	<b>Quality care for patients with lymphoedema — adding value with LYMPROM</b> Marie Gabe-Walters (UK)	09:15	<b>The importance of partnership working in low resource settings</b> Sally Squires (UK), Grace Lubeya (Uganda)
09:45	<b>Dilemmas in compression for lipoedema</b> Tobias Bertsch (Germany) and Melanie Thomas (UK)	09:30	<b>Case series of women with 'breast-cancer related lymphoedema' induced by aromatase inhibitor, letrozole</b> Clare Anvar (UK)	09:30	<b>2023 analysis of lymphatic drainage pathways identified using indocyanin green (ICG) lymphofluoroscopy and application to practice</b> Jane Wigg (UK)	09:30	<b>Challenges of compression for lymphatic filariasis in India and other low resource settings</b> SR Narahari (India) — pre-recorded session
10:00	<b>ICC compression tool for use in clinical trials — investigating the effect of compression material and devices</b> Nele Devooght (Belgium)	09:45	<b>Survivors with Covid-19 are more likely to experience lymphoedema and fatigue</b> Jane Armer (USA)	09:45	<b>Lymphoedema psychology service in Wales</b> Jayne Williams (UK)	09:45	<b>Questions for the speakers</b>
10:20	<b>Questions for the speakers</b>	10:00	<b>A core outcome set for breast cancer-related lymphedema: a Delphi Consensus Study</b> David Doubbistein (USA)	10:00	<b>New evidence from the LIMPRINT study</b> Peter Franks (UK) — pre-recorded session		
		10:15	<b>Aqua jogging — a way to improve wellbeing for women who survived breast cancer</b> Dorit Tidhar (Israel)	10:15	<b>The importance of neonatal understanding of lymphoedema</b> Karl Hocking, Matthew Griffiths (UK)		
10:30	Coffee break/exhibition viewing	10:30	Coffee break/exhibition	10:30	Coffee break/exhibition	10:30	Coffee break/exhibition
<b>Obesity</b> Chair: Justine Whitaker		<b>Abstracts 4</b> Chair: David Keast		<b>Abstracts 5</b> Chair: Tonny Karlsmark			
11:00	<b>Fat and lymphatics: obesity and lymphoedema</b> Peter Mortimer (UK)	11:00	<b>Embodiment (dance and movement, mindfulness and reconnection to the body)</b> Elvira Albrecht (Germany)	11:00	<b>Impact of climatic variations on lymphoedema — the patient perspective</b> Susan Witt (Germany)		
11:25	<b>Lymphoedema, obesity and gut health</b> Justine Whitaker (UK)	11:15	<b>Sleep quality and lymphedema in breast cancer survivors: a mixed methods study</b> Karen Bock (USA)	11:15	<b>Preventing cellulitis. What is the evidence for (non-pharmacological) secondary prevention?</b> Robyn Sierla (Australia)		
11:40	<b>The use of GLP-1 Ras in lymphoedema/lipoedema: endocrinology/pharmacology perspective</b> Jørgen Rungby (Denmark) — pre-recorded session	11:30	<b>Understanding lymphedema self-care challenges for breast cancer survivors living in a resource-restricted community</b> Jane Armer (USA)	11:30	<b>Mechanical characterisation of skin using suction experiments, modelling and machine learning</b> Raoul van Loon (UK)		
12:05	<b>Body weight and lymphoedema management</b> Debbie Provan (UK)	11:45	<b>From debilitating lymphedema to improved quality of life — bandaging based on fundamentals of care (FoC)</b> Mette Lund Jørgensen (Denmark)	11:45	<b>Reliability, concurrent validity and time-efficiency of measurement methods assessing volume in patients with lower limb lymphoedema and healthy controls</b> Tessa De Vrieze (Belgium)		
12:20	<b>The role of obesity in lymphoedema and lipoedema</b> Tobias Bertsch (Germany)	12:00	<b>Upper limb dysfunction in newly diagnosed individuals after surgery for breast cancer: baseline results from the AMBER cohort study</b> Margaret McNeely (Canada)	12:00	<b>Women's experiences of breast/trunkal lymphoedema: a retrospective audit of case notes</b> Margaret Anne Garner (UK)		
12:35	<b>Questions for the speakers</b>	12:15	<b>Breast cancer prehabilitation program development and implementation into Croatian healthcare system — EDUMaRe</b> Ana Poljićanin (Croatia)	12:15	<b>84-year old lady with complex lower limb lymphoedema and wounds – a case study</b> Susan Witt (Germany)		
		12:30	<b>Development of clinical practice</b> Charlotte Joergensen (Denmark)	12:30	<b>Promoting chronic wound healing in a community with limited resources</b> Jane Armer (USA)		
12:45	Lunch break/exhibition viewing	12:45	Lunch break/exhibition viewing	12:45	Coffee break/exhibition		
<b>ILA session one: Lipoedema</b> Chair: Christine Moffatt CBE and Gabriele Erbacher		<b>New developments</b> Chair: Susan Norregaard		<b>Abstracts 6</b> Chair: Martina Sykorova			
14:00	<b>How can lipoedema specialists promote resilience to appearance-related distress in their patients?</b> Nichola Rumsey (UK)	14:00	<b>Impact of adjuvant chemotherapy, including taxanes, on breast cancer-related lymphoedema risk</b> Alphonse Taghian (USA)	14:00	<b>Developing a position document on manual lymphatic drainage (MLD)</b> Garry Cooper - Stanton (UK)		
14:30	<b>Challenges of diagnosing lipoedema</b> Kristiana Gordon (UK)	14:15	<b>New developments in compression</b> Yang Wei (UK)	14:15	<b>Management of lymphedema related to head and neck cancer</b> Marize Ibrahim (Canada)		
14:50	<b>Role of misinformation in lipoedema</b> Guenter Klose (USA) and Tobias Bertsch (Germany)	14:30	<b>Early intervention for breast cancer-related lymphoedema</b> Cheryl Brunelle (USA)	14:30	<b>Should we really forget about MLD in patients with BCRL and other lymphoedemas?</b> Joseph Harfouche (Belgium)		
15:20	<b>Cornerstones of lipoedema management — compression and physiotherapy</b> Denise Hardy (UK) and Elvira Albrecht (Germany)	14:45	<b>Beyond PROM scores: what else are people with lymphoedema trying to tell us?</b> Rhian Noble-Jones (UK)	14:45	<b>Exploring the psychological and psychosocial effects of facial disfigurement on the lived experience of head and neck cancer patients: a structured literature review</b> Lesley Macleod (UK), Yolande Borthwick (UK)		
		15:00	<b>Children's camps in USA</b> Brittany Williams (USA)	15:00	<b>Body composition by bioelectrical impedance and ultrasonographic findings in a group of patients with lipoedema and lower-limb lymphedema: relation with quality of life and functional status</b> Pinar Borman (Turkey)		
15:50	<b>Questions for the speakers</b>	15:15	<b>CDT and BioBridge for lymphoedema treatment — developing a new approach</b> Aleksandra Rovnaia (Russia)	15:15	<b>Quantitative analysis of cadaveric axillary lymph nodes</b> Mierra Robinson (USA)		
		15:30	<b>Does using the LymphAssist (a type of intermittent pneumatic compression) at home confer value to patients with lymphoedema? A preliminary review of results</b> Marie Gabe-Walters (UK)	15:30	<b>The impact of sleep on the lives of women who have breast cancer-related lymphedema: a qualitative analysis</b> Karen Bock (USA)		
		15:45	<b>Returning to work while self-managing lymphoedema: the journey of urban, rural, Hispanic/Latina, and Ghanaian breast cancer survivors</b> Jane Armer (USA)				
16:00	Coffee break/exhibition viewing	16:00	Coffee break/exhibition viewing	16:00	Coffee break/exhibition	16:00	Coffee break/exhibition
<b>ILA session two: Lipoedema continued</b> Chair: Kathleen Francis and Kristiana Gordon		<b>Skills Zone 1</b> Lecturers: Rhian Noble Jones, Elodie Stasi and Pinar Borman (Turkey)		<b>Skills Zone 2</b> Lecturers: Susan Norregaard, Justine Whitaker and Karen Morgan		<b>Skills Zone 3</b> Lecturers: Jane Wigg and Cheryl Pike	
16:30	<b>Professional challenges in the treatment of people affected by lipoedema</b> Christine Moffatt CBE (UK) and Gabriele Erbacher (Germany)	16:30	<b>Skills Zone 1</b> Genital oedema	16:30	<b>Skills Zone 2</b> Compression solutions	16:30	<b>Skills Zone 3</b> MLD and scar massage
17:00	<b>Which patient is the right one for liposuction? The ideal liposuction candidate</b> Hildur Skuladottir (Norway)	17:00	<b>Skills Zone 1</b> Genital oedema	17:00	<b>Skills Zone 2</b> Compression solutions	17:00	<b>Skills Zone 3</b> MLS and scar massage
17:20	<b>ICG patients with lipoedema</b> Belinda Thompson (Australia)						
17:40	<b>Questions for the speakers</b>						
18:00	Close of day 2	17:30	Close of day 2	17:30	Close of day 2	17:30	Close of day 2

Timings	Conference theatre	Timings	Conference suite 1	Timings	Conference suite 2
8:00	Registration				
<b>Children and young people (CYP)</b> Chair: Nele Devooght		<b>ILA session three: Lipoedema</b> Chair: Tobias Bertsch and Guenter Klose 		<b>Abstracts 7</b> Chair: Pinar Borman	
08:30	<b>CYP education needs project</b> Rhian Noble Jones (UK)	08:30	<b>Lipoedema and lifestyle, with a focus on weight management</b> Robert Damstra (Netherlands)	08:30	<b>European patient organizations unite to put compression under pressure</b> <a href="http://www.compressionineurope.org">www.compressionineurope.org</a> Eline Hoogstra (Netherlands)
08:45	<b>Children's Limprint in Denmark</b> Susan Nørregaard (Denmark)	08:50	<b>Genetics in lipoedema</b> Alan Pittman (UK)	08:45	<b>Predictive variables for a larger improvement of lymphoedema-specific quality of life 6 months after participations in an intensive multidisciplinary treatment programme in patients with lower limb lymphoedema</b> An-Kathleen Heroes (Belgium)
09:00	<b>Children's quality of life tool</b> Christine Moffatt CBE (UK)	09:10	<b>Results from the ILA Diagnostics Working Group</b> Anna Towers (Canada)	09:00	<b>Independent prospective follow-up of lymphedema patients who have undergone lymphatic surgeries</b> Marie-Eve Letellier (Canada)
09:20	<b>Spectrum of primary lymphatic anomalies in children</b> Isabelle Quère (France)	09:30	<b>Lipoedema treatment in Wales</b> Melanie Thomas (UK)	09:15	<b>The effect of physical therapy equipment on treatment of lymphoedema</b> Abeer Felmban (Saudi Arabia)
09:35	<b>Paediatric lymphoedema: an audit of patients seen by the paediatric and primary lymphoedema group of vascular European Reference Network</b> Vaughan Keeley (UK)			09:30	<b>Unmet needs of breast cancer rehabilitation services in Covid era</b> Figen Ayhan (Turkey)
09:50	<b>The challenges of compression in children with primary lymphoedema</b> Nele Devooght (Belgium)	09:50	<b>Lipoedema and lifestyle, with a focus on exercise</b> Ad Hendrickx (Netherlands)	09:45	<b>The use of a compliance assessment tool in garment prescription and fitting for patients with lymphedema and lipedema in the state of Qatar</b> Anita Sundrasekaran (Qatar)
10:05	<b>European Network patient pathway for paediatric and primary lymphoedema (PPL)</b> Robert Damstra (Netherlands)			10:00	<b>The frequency and severity of urinary incontinence in women with lipedema: relationship between quality of life</b> Pinar Borman (Turkey)
10:20	<b>Questions for the speakers</b>	10:10	<b>Questions for the speakers</b>		
10:30	<b>Coffee break/exhibition viewing</b>	10:30	<b>Coffee break/exhibition</b>	10:30	<b>Coffee break/exhibition</b>
<b>Different solutions</b> Chair: Elizabeth Webb		<b>Abstracts 8</b> Chair: Karl Hocking		<b>Abstracts 9</b> Chair: Tonny Karlsmark	
11:00	<b>Lymphoedema patient perceptions, experiences, and outcomes within the healthcare system: a quantitative analysis (pre-recorded session)</b> Stanley Rockson (USA)	11:00	<b>The frequency of fibromyalgia syndrome in lipoedema and its effects on anxiety, depression and quality of life</b> Ayla Cagliyan Turk (Turkey)	11:00	<b>Exploring the strategy for the enablers and barriers to implementing a skin integrity program in the Middle Eastern countries (Kuwait, Qatar, Jordan, and Egypt)</b> Fawzeyah Alharbi (UK)
11:15	<b>Microsurgical bypass surgery for lymphoedema</b> Francesco Boccardo (Italy)	11:15	<b>Fluid distribution in upper limb primary lymphoedema and its response to compression</b> Jane Phillips (Australia)	11:15	<b>Lymphatics preservation during lipedema surgery</b> Nadiv Shapira (USA)
11:35	<b>Economic impact and outcomes following lymphaticovenous anastomosis (LVA) for 150 cases of lymphoedema followed up over 24-months</b> Melanie Thomas (UK)	11:30	<b>Advanced diagnostics and management in patients with lipoedema</b> Figen Ayhan (Turkey)	11:30	<b>Renal disease (or renal abnormalities) in primary lymphoedema</b> Sandrine Mestre Godin (France)
11:50	<b>Surgical options in the treatment of lymphoedema: the good, the bad and the ugly</b> Alex Munnoch (UK)	11:45	<b>Sleep quality, fatigue and quality of life in women with lipedema</b> Ayla Cagliyan Turk (Turkey)	11:45	<b>Lipoedema patient experienced with compression therapy evaluates an innovative flat-knit garment</b> Justine Whitaker (UK)
12:10	<b>Lymphatic surgery and microsurgery: the Genoa algorithm and protocol</b> Conrado Campisi (Italy)	12:00	<b>Case study: a multi-disciplinary approach to managing recurring cellulitis secondary to a complex chronic wound in an adult with lower leg lymphoedema</b> Joanne Browne (UK)	12:00	<b>Active lipoedema patient committed to improve her condition with an innovative flat-knit garment</b> Denise Hardy (UK)
12:30	<b>Lunch break/exhibition viewing</b>	12:30	<b>Lunch break/exhibition viewing</b>	12:30	<b>Coffee break/exhibition</b>
13:30	<b>ILF in collaboration with Peter Mortimer are delighted to present the play: 'Let's Talk Lymphoedema'</b>				
14:30	<b>Conference close</b>	14:30	<b>Conference close</b>	14:30	<b>Conference close</b>