

Timings	Conference theatre	Timings	Conference suite 1	Timings	Conference suite 2	Timings	Conference suite 4
8:00	Registration						
Cellulitis Chair: Professor Christine Moffatt CBE							
08:30	Opening session Professor Christine Moffatt CBE and Michelle Rhodes						
08:45	Differential diagnosis of cellulitis and the LIMPRINT results of cellulitis in the upper limb Ewa Burian (Denmark)						
09:00	Antimicrobials for cellulitis, including prophylaxis and rescue criteria Professor Vaughan Keeley						
09:15	The cellulitis improvement programme Melanie Thomas						
09:30	Red legs syndrome Rebecca Elwell						
09:45	The financial cost of cellulitis Ioan Humphreys						
10:00	The development of CelluProm Marie Gabe Walters						
10:15	Questions for the speakers						
10:30	Coffee break/exhibition viewing	10:30	Coffee break/exhibition	10:30	Coffee break/exhibition		
Using data to change practice Chair: Rhian Noble-Jones		Knowledge and social innovation in low resourced settings Chair: David Keast		Abstracts 1 Chair: Ewa Burian			
11:00	The PLACE Study RCT compression to prevent BCRL Professor Vaughan Keeley	11:00	Political economy of lymphoedema Jon Gorry	11:00	The efficacy of complete decongestive treatment and laser therapy in a male patient with advanced genital lymphedema Pinar Borman (Turkey)		
11:15	Sharing practice to collect a minimum dataset (MDS) for the UK and Ireland/Eire Yolande Borthwick	11:15	Exploring knowledge and social innovation in low resource settings Linda Gibson	11:15	The perception of self-care by men diagnosed with lymphoedema: an online survey within the United Kingdom and Republic of Ireland Garry Cooper-Stanton		
11:30	Lymphoedema is a 'wicked' problem Ellie Dring	11:30	The Gates Foundation update Dr Narahari (India) — Pre-recorded session	11:30	Manual lymphatic drainage and additional physiotherapy in male breast cancer: a case-report Margit Eidenberger (Austria)		
11:45	Partners in fluid — heart failure and lymphoedema Karen Morgan	11:45	Lymphoedema in Uganda Lydia Kabiri (Uganda)	11:45	Characteristics of lymphoedema, in particular midline lymphoedema, after treatment for prostate cancer: a retrospective study Charlotte Van Calster (Belgium)		
12:00	Chronic oedema in multiple sclerosis Professor Vaughan Keeley	12:00	Best practice in resource-limited countries David Keast (Canada)	12:00	Genital lymphedema compression garments: can less be more? Shelley DiCecco, PT, PhD, CLT-LANA (USA)		
12:15	The costs of Did Not Attend and Unable to Attend on a lymphoedema service Rhian Noble Jones	12:15	Disability and chronic oedema Dr Asma Alderaa (Saudi Arabia)	12:15	Patient outcomes from wearing Mobiderm intimate genital lymphoedema compression garments Dr Cheryl Pike		
12:30	Questions for the speakers	12:30	Questions for the speakers	12:30	Where is the role of intermittent pneumatic compression in the treatment of patients with stage II secondary lymphedema of the leg, after treatment gynecological cancer? Tanja Planinsek Rucigaj (Slovenia)		
12:45	Lunch break/exhibition viewing	12:45	Lunch break/exhibition viewing	12:45	Coffee break/exhibition		
Breast cancer lymphoedema Chair: Dr Asma Alderaa (Saudi Arabia)		Impact and outcomes Chair: Karen Morgan		Abstracts 2 Chair: Jane Wigg			
14:00	Canadian practice guidelines for breast cancer-related lymphoedema Dr Margie McNeely (Canada)	14:00	Management of the patient with lymphoedema in Italy: lights and shadows Sandro Michellini	14:00	A learning health environment for lymphoedema. Laying the groundwork for digital transformation Dr Robyn Sierla (Australia)		
14:20	Are infusions in the at-risk arm associated with increased risk of breast cancer-related lymphoedema? Alphonse Talghian (USA)	14:20	Lymphoedema and lipoedema: usefulness of 3D ultrasound diagnostics in tissue evaluation Marina Cestari (Italy)	14:20	Pilot study to identify the need for lymphoedema input at community virtual wards Karl Hocking		
14:40	Breast LYMQL and breast oedema Katie Riches	14:35	New All Ireland Guidance for lymphoedema Kay Morris	14:35	Lymphostatic fibrosclerosis — why we need the words to say what we see and feel Janet Massey		
14:55	Covid vaccine side-effects in a population prospectively screened for breast cancer-related lymphoedema Cheryl Brunelle (USA)	14:50	Health economic impact of lymphoedema and chronic oedema Karen Morgan	14:50	Building of the lymphedema awareness and treatment system in Russia Aleksandra Rovnaia (Russia)		
15:10	Breast cancer-related lymphoedema: what can we expect from the near infrared lymphofluorescopy imaging Jean Paul Belgrado	15:10	The use of BIS in different research settings Professor Vaughan Keeley	15:10	Group singing for people with lymphoedema or lipoedema. Report on a funded pilot project Margaret Anne Garner		
15:25	Evidence of MLD and more specifically the results of the Effort-BCRL trial Nele Devoogdt (Belgium)	15:25	Diagnostic mechanisms of genital lymphoedema. Impact on their management Sandrine Mestre (France)	15:25	Cellulitis education in primary care Linda Jenkins		
15:45	Questions for the speakers	15:45	Questions for the speakers	15:45	The role of a volunteer telephone support service (VTSS) in supporting a lymphoedema service Yolande Borthwick		
16:00	Coffee break/exhibition viewing	16:00	Coffee break/exhibition viewing	16:00	Coffee break/exhibition	16:00	Coffee break/exhibition
Panel discussion Chair: Melanie Thomas		Skills Zone 1 Lecturers: Rhian Noble-Jones, Elodie Stasi and Pinar Boorman (Turkey)		Skills Zone 2 Lecturers: Susan Norregaard, Justine Whittaker and Karen Morgan		Skills Zone 3 Lecturers: Jane Wigg and Cheryl Pike	
16:30	Panel discussion: current state of lymphoedema — evidenced-based recommendations? Jane Armer (USA), Professor Vaughan Keeley (UK), Professor Christine Moffatt CBE, Kathy Francis (USA) and the above speakers	16:30	Skills Zone 1 Genital oedema	16:30	Skills Zone 2 Compression solutions	16:30	Skills Zone 3 MLD and scar massage
		17:00	Skills Zone 1 Genital oedema	17:00	Skills Zone 2 Compression solutions	17:00	Skills Zone 3 MLD and scar massage
17:30	Close of day 1	17:30	Close of day 1	17:30	Close of day 1	17:30	Close of day 1

Timings	Conference theatre	Timings	Conference suite 1	Timings	Conference suite 2	Timings	Conference suite 4
8:00	Registration						
Compression Chair: Tonny Karlsmark		Abstracts 3 Chair: Cheryl Brunelle		Low resource settings Chair: TBC			
08:30	Stopping the cycle: the efficacy and costs of compression therapy to prevent lower limb recurrent cellulitis Elizabeth Webb (Australia)	08:30	Bioimpedance spectroscopy Cheryl Brunelle (USA)	08:30			
08:50	Compression therapy to prevent recurrent cellulitis: putting it into practice Elizabeth Webb (Australia)	08:45	Flexidose study Professor Vaughan Keeley	08:45			
09:05	Are compression wraps value-based interventions? Cheryl Pike	09:00	Relation between characteristics of ICG lymphography and the development of breast cancer-related lymphedema Sarah Thomis (Belgium)	09:00			
09:20	Testing pressures and stiffness on compression garments Dr Gavin Hughes	09:15	Breast lymphoedema following breast cancer treatment Gillian Buckley (Australia)	09:15			
09:45	Dilemmas in compression for lipoedema Tobias Bertsch (Germany) and Melanie Thomas	09:30	Case series of women with 'breast-cancer related lymphoedema' induced by aromatase inhibitor, letrozole Clare Anvar	09:30			
10:00	ICC compression tool for use in clinical trials — investigating the effect of compression material and devices Nele Devooght (Belgium)	09:45	Survivors with Covid-19 are more likely to experience lymphoedema and fatigue Jane Armer	09:45			
10:20	Questions for the speakers	10:00	A core outcome set for breast cancer-related lymphedema: a Delphi Consensus Study David Aaron Doubblestein (USA)	10:00			
		10:15	Aqua jogging — a way to improve wellbeing for women who survived breast cancer Dorit Tidhar (Israel)	10:15			
10:30	Coffee break/exhibition viewing	10:30	Coffee break/exhibition	10:30	Coffee break/exhibition		
Obesity Chair: Justine Whittaker		Abstracts 4 Chair: David Keast		Abstracts 5 Chair: TBC			
11:00	Fat and lymphatics: obesity and lymphoedema Professor Peter Mortimer	11:00	Embodiment (dance and movement, mindfulness and reconnection to the body) Elvira Albrecht	11:00	Impact of climatic variations on lymphoedema — the patient perspective Susan Witt (Germany)		
11:25	Lymphoedema, obesity and gut health Justine Whittaker	11:15	Sleep quality and lymphedema in breast cancer survivors: a mixed methods study Karen J Bock (USA)	11:15	Preventing cellulitis. What is the evidence for (non-pharmacological) secondary prevention? Dr Robyn Sierla (Australia)		
11:40	The use of GLP-1 Ras in lymphoedema/lipoedema: endocrinology/pharmacology perspective Professor Jøergen Rungby (Denmark)	11:30	Understanding lymphedema self-care challenges for breast cancer survivors living in a resource-restricted community Jane M Armer (USA)	11:30	Promoting chronic wound healing in a community with limited resources Miriam Butler (USA)		
12:05	Body weight and lymphoedema management Debbie Provan	11:45	From debilitating lymphedema to improved quality of life — bandaging based on fundamentals of care (FoC) Mette Lund Jørgensen (Denmark)	11:45	Reliability, concurrent validity and time-efficiency of measurement methods assessing volume in patients with lower limb lymphoedema and healthy controls Tessa De Vrieze (Belgium)		
12:20	The role of obesity in lymphoedema and lipoedema Tobias Bertsch (Germany)	12:00	Upper limb dysfunction in newly diagnosed individuals after surgery for breast cancer: baseline results from the AMBER cohort study Margaret L. McNeely (Canada)	12:00	Women's experiences of breast/truncal lymphoedema: a retrospective audit of case notes Margaret Anne Garner		
12:35	Questions for the speakers	12:15	Breast cancer prehabilitation program development and implementation into Croatian healthcare system — EDUMaRe Ana Poljicanin (Croatia)	12:15	84-year old lady with complex lower limb lymphoedema and wounds — a case study Susan Witt (Germany)		
		12:30	Development of clinical practice Charlotte Joergensen (Denmark)	12:30	Mechanical characterisation of skin using suction experiments, modelling and machine learning Raoul van Loon		
12:45	Lunch break/exhibition viewing	12:45	Lunch break/exhibition viewing	12:45	Coffee break/exhibition		
ILA session one: Lipoedema Chair: Professor Christine Moffatt CBE and Gabriele Erbacher		New developments Chair: Susan Norregaard		Abstracts 6 Chair: TBC			
14:00	How can lipoedema specialists promote resilience to appearance-related distress in their patients? Nicola Rumsey	14:00	Impact of adjuvant chemotherapy, including taxanes, on breast cancer-related lymphoedema risk Alphonse Taghian (USA)	14:00	Developing a position document on manual lymphatic drainage (MLD) Garry Cooper -Stanton		
14:30	Challenges of diagnosing lipoedema Kristiana Gordon	14:15	New developments in compression Yang Wei	14:15	Management of lymphedema related to head and neck cancer Marize Ibrahim (Canada)		
14:50	Role of misinformation in lipoedema Guenter Klose (USA) and Tobias Bertsch (Germany)	14:30	Early intervention for breast cancer-related lymphoedema Cheryl Brunelle (USA)	14:30	Should we really forget about MLD in patients with BCRL and other lymphoedemas? Joseph Harfouche (Belgium)		
15:20	Cornerstones of lipoedema management — compression and physiotherapy Denise Hardy and Elvira Albrecht (Germany)	14:45	Beyond PROM scores: what else are people with lymphoedema trying to tell us? Dr Rhian Noble-Jones	14:45	Exploring the psychological and psychosocial effects of facial disfigurement on the lived experience of head and neck cancer patients: a structured literature review Yolande Borthwick		
15:50	Questions for the speakers	15:00	Children's camps in USA Brittany Williams (USA)	15:00	Body composition by bioelectrical impedance and ultrasonographic findings in a group of patients with lipoedema and lower-limb lymphedema: relation with quality of life and functional status Kerim Demirisöz MD, Pinar Borman MD, Esra Gizem Koyuncu MD (Turkey)		
		15:15	CDT and BioBridge for lymphoedema treatment — developing a new approach Aleksandra Rovnaia	15:15	Quantitative analysis of cadaveric axillary lymph nodes Mierra C Robinson (USA)		
		15:30	Does using the LymphAssist (a type of intermittent pneumatic compression) at home confer value to patients with lymphoedema? A preliminary review of results Marie Gabe-Walters	15:30	The impact of sleep on the lives of women who have breast cancer-related lymphedema: a qualitative analysis Karen J Bock		
		15:45	Returning to work while self-managing lymphoedema: the journey of urban, rural, Hispanic/Latina, and Ghanaian breast cancer survivors Jane Armer (USA)				
16:00	Coffee break/exhibition viewing	16:00	Coffee break/exhibition viewing	16:00	Coffee break/exhibition	16:00	Coffee break/exhibition
ILA session two: Lipoedema continued Chair: Kathleen Francis and Hakan Brorson		Skills Zone 1 Lecturers: Rhian Noble Jones, Elodie Stasi and Pinar Boorman (Turkey)		Skills Zone 2 Lecturers: Susan Norregaard, Justine Whittaker and Karen Morgan		Skills Zone 3 Lecturers: Jane Wigg and Cheryl Pike	
16:30	Professional challenges in the treatment of people affected by lipoedema Professor Christine Moffatt CBE and Gabriele Erbacher (Germany)	16:30	Skills Zone 1 Genital oedema	16:30	Skills Zone 2 Compression solutions	16:30	Skills Zone 3 MLD and scar massage
17:00	Which patient is the right one for liposuction? The ideal liposuction candidate Hildur Skuladottir (Norway)	17:00	Skills Zone 1 Genital oedema	17:00	Skills Zone 2 Compression solutions	17:00	Skills Zone 3 MLS and scar massage
17:20	ICG patients with lipoedema Belinda Thompson (Australia)						
17:40	Questions for the speakers						
18:00	Close of day 2	17:30	Close of day 2	17:30	Close of day 2	17:30	Close of day 2

Timings	Conference theatre	Timings	Conference suite 1	Timings	Conference suite 2
8.00	Registration				
Children and young people (CYP) Chair: Nele Devooght		ILA session three: Lipoedema Chair: Tobias Bertsch and Guenter Klose		Abstracts 7 Chair: TBC	
08:30	CYP education needs project Rhian Noble Jones	08:30	Lipoedema and lifestyle, with a focus on weight management Robert Damstra (Netherlands)	08:30	The British Lymphology Society (BLS) National Lymphoedema Tariff Guide and Cost Calculator Lorraine Brown
08:45	Children's Limprint in Denmark Susan Norregaard (Denmark)	08:50	Genetics in lipoedema Alan Pittman	08:45	European patient organizations unite to put compression #underpressure www.compressionineurope.org Eline Hoogstra (Netherlands)
09:00	Children's quality of life tool Professor Christine Moffatt CBE	09:10	Results from the ILA Diagnostics Working Group Anna Towers (Canada)	09:00	Predictive variables for a larger improvement of lymphoedema-specific quality of life 6 months after participations in an intensive multidisciplinary treatment programme in patients with lower limb lymphoedema An-Kathleen Heroes (Belgium)
09:15	Spectrum of primary lymphatic anomalies in children Professor Isabelle Quèrè (France)	09:30	Lipoedema treatment in Wales Melanie Thomas	09:15	Independent prospective follow-up of lymphedema patients who have undergone lymphatic surgeries Marie-Eve Letellier
09:30	Paediatric lymphoedema: an audit of patients seen by the paediatric and primary lymphoedema group of vascular European Reference Network Professor Vaughan Keeley			09:30	The effect of physical therapy equipment on treatment of lymphoedema Abeer Felmban (Saudi Arabia)
09:45	The challenges of compression in children with primary lymphoedema Nele Devoogdt (Belgium)	09:50	Lipoedema and lifestyle, with a focus on exercise Ad Hendrickx (Netherlands)	09:45	Unmet needs of breast cancer rehabilitation services in Covid era Figen Ayhan (Turkey)
10:00	European Network patient pathway for paediatric and primary lymphoedema (PPL) Robert Damstra (the Netherlands)			10:00	The use of a compliance assessment tool in garment prescription and fitting for patients with lymphedema and lipoedema in the state of Qatar Anita Rebecca Sundrasekaran (Qatar)
10:15	Questions for the speakers	10:10	Questions for the speakers	10:15	The frequency and severity of urinary incontinence in women with lipoedema: relationship between quality of life Pinar Borman (Turkey)
10:30	Coffee break/exhibition viewing	10:30	Coffee break/exhibition	10:30	Coffee break/exhibition
Different solutions Chair: Elizabeth Webb		Abstracts 8 Chair: TBC		Abstracts 9 Chair: TBC	
11:00	Lymphoedema patient perceptions, experiences, and outcomes within the healthcare system: a quantitative analysis (pre-recorded session) Stanley Rockson	11:00	The frequency of fibromyalgia syndrome in lipoedema and its effects on anxiety, depression and quality of life Ayla Cagliyan Turk (Turkey)	11:00	Exploring the strategy for the enablers and barriers to implementing a skin integrity program in the Middle Eastern countries (Kuwait, Qatar, Jordan, and Egypt) Fawzeyah Alharbi
11:15	Microsurgical bypass surgery for lymphoedema Professor Francesco Boccardo	11:15	Fluid distribution in upper limb primary lymphoedema and its response to compression Jane Phillips (Australia)	11:15	Lymphatics preservation during lipoedema surgery Nadiv Shapira
11:35	Economic impact and outcomes following lymphaticovenous anastomosis (LVA) for 150 cases of lymphoedema followed up over 24-months Dr Cheryl Pike	11:30	Advanced diagnostics and management in patients with lipoedema Figen Ayhan (Turkey)	11:30	Renal disease (or renal abnormalities) in primary lymphoedema Sandrine Mestre Godin (France)
11:50	Surgical options in the treatment of lymphoedema: the good, the bad and the ugly Alex Munnich	11:45	Sleep quality, fatigue and quality of life in women with lipoedema Ayla Cagliyan Turk (Turkey)	11:45	Lipoedema patient experienced with compression therapy evaluates an innovative flat-knit garment Justine Whittaker
12:10	Lymphatic surgery and microsurgery: the Genoa algorithm and protocol Corrado Campisi (Italy)	12:00	Case study: a multi-disciplinary approach to managing recurring cellulitis secondary to a complex chronic wound in an adult with lower leg lymphoedema Joanne Browne	12:00	Active lipoedema patient committed to improve her condition with an innovative flat-knit garment Denise Hardy
12:30	Lunch break/exhibition viewing	12:30	Lunch break/exhibition viewing	12:30	Coffee break/exhibition
13:30	ILF in collaboration with Professor Peter Mortimer are delighted to present the play: 'Let's Talk Lymphoedema'				
14:30	Conference close	14:30	Conference close	14:30	Conference close