



COMPAS Meeting

Navigating the Future of
Compression in APAC

Osaka, Japan
March 22nd to 23rd 2025

Dear Esteemed Colleagues,

On behalf of the the International Lymphoedema Framework (**ILF**), the Japanese Society of Phlebology (**JPS**) and **medi GmbH and Co KG** we are pleased to invite you to attend the first

COMPAS (Compression APAC Summit) Meeting

a distinguished gathering of leading experts, researchers, and paramedics in the field of chronic (lymph)oedema from around the APAC region and Europe.

This symposium aims to foster interdisciplinary dialogue and explore cutting-edge developments in diagnosing and treatment options in chronic (lymph)oedema.

The program includes keynote lectures by renowned global specialists, round table discussions, and presentations of the latest research findings.

We eagerly anticipate your participation in what promises to be an intellectually rewarding experience.



Prof. Christine Moffat



Els Brouwer



Prof. Dr. Makoto Mo



Program COMPAS meeting, Osaka, Japan

“Navigating the future of compression therapy in the APAC region”

Date: 22nd till the 23rd of March 2025

Location: Osaka International convention center: <https://maps.app.goo.gl/YPxfc7MT5nZgunMP8>

On behalf of the International Lymphoedema Framework (ILF), the Japanese Society of Phlebology (JPS) and medi GmbH and Co KG we are pleased to present the program for the 1st COMPAS meeting (Compression APAC Summit)

Day 1; Saturday the 22nd of March 2025

Session 1: What is happening on chronic oedema in the APAC-countries and how does Europe do things?		
Moderators:	Chairs of the APAC-meeting: Dr. Mo Makoto (Japan), Prof. Dr. Johnson (Taiwan) & Prof. Dr. Christine Moffatt (UK) (and moderators for the 1st session)	
<i>Time:</i>	<i>Speaker:</i>	<i>Title lecture:</i>
09:00 – 09:10	Dr. Makoto Mo, Vascular Surgeon/chair JPS	Opening lecture on chronic oedema and compression and welcoming everybody to Japan
09:10 – 09:30	Prof. Christine Moffatt, UK Professor, CBE, FRCN, PhD, MA, RGN, DN and chair ILF	Chronic oedema, a worldwide problem“ Where do we stand now on CDT?
09:30 – 09:50	Prof. Misako Dai, Japan Professor Ishikawa Prefectural Nursing Univ.	How about Japan and Asia in general; the Asian treatment paths in chronic (lymph)oedema.
09:50 – 10:10	Dr. Robert Damstra, Netherlands Dermatologist ECL and chair ERN	Differential diagnostics for oedema in Europe and the role of compression therapy, now and in the future
10:10 – 10:30	Dr. Guruprasad, India Chief Consultant Ayurveda, Institute of Applied Dermatology	What is the status in India and less fortunate countries in the APAC-region?
10:30 – 10:50	Prof. Ningfei Liu, China, Chief Physician, plastic surgeon, Shanghai	A Chinese-characteristic approach to clinical compression therapy
10:50 – 11:10	Break	
Session 2: Everything starts with the right diagnostics and evaluation; any news?		
Moderators:	Prof. Dr. Johnson, Taiwan & Dr. Robert Damstra, The Netherlands	
<i>Time:</i>	<i>Speaker:</i>	<i>Title lecture:</i>
11:10 – 11:30	Prof. Misako Dai, Japan	New methods of assessment in lymphoedema
11:30 – 11:50	Prof. Dr. Nele Devoogdt, Belgium Physical therapist and professor KU Leuven	Evaluation chronic oedema is more than only determining the limb volume
11:50 – 12:10	Dr. Guruprasad, India Chief Consultant Ayurveda, Institute of Applied Dermatology	Diagnostics with limited tools; how?
12:10 – 12:30	Prof. Dr. Louise Koelmeyer, Australia Ass. Prof. Macquarie Univ. Sidney	Early intervention wearing compression therapy after breast cancer; the evaluation
12:30 – 12:50	Prof. Gaoming Liu, China, Deputy director of nursing, Changsha City	Multicentre study on knowledge, beliefs, and practices regarding lymphedema among clinical medical staff in Chinese hospitals

Session 3: Gaining knowledge on chronic oedema and why compression is indicated**Moderators:** Prof. Dr. Nele Devoogdt, Belgium & Dr. Makoto Mo, Japan*Time:* *Speaker:* *Title lecture:*13:50 – 14:10 Dr. Ad Hendrickx, The Netherlands
Physical Therapist ECL, MSc, PhD Watchful waiting in the treatment of BCRL14:10 – 14:30 Dr. Noriko Kobayashi, Japan
Gynaecologist in Hokkaido University Hospital Building up education system and regional alliances in lymphoedema treatment14:30 – 14:50 Dr. Debbie Geyer, Australia,
Vice President of the Lymphoedema Association
Australia & patient Raising awareness of lymphoedema in the Community14:50 – 15:10 Prof. Jin Hu, China.
Supervisor nurse, Hunan Cancer Hospital,
Changsha City Home management of lymphedema patients in China15:10 – 15:30 Dr. Jiro Maegawa, Japan,
Plastic surgeon, Dep. Of Plastic & Reconstructive
Surgery Yokohama City Surgical / conservative treatment for Primary lymphoedema based on lymphoscintigraphy15:30 – 15:50 Dr. Kurmaniuly Nurgazy, Kazakhstan
Syndrome of lymphovenous insufficiency in patients
with Lymphoedema

15:50 – 16:10 Break

Session 4: Compression in cellulitis; the correct diagnosis & the role of compression therapy**Moderators:** Dr. Ad Hendrickx The Netherlands & Prof. Yuguang Sun, China*Time:* *Speaker:* *Title lecture:*16:10 – 16:30 Dr. Ewa Anna Burian, Denmark
Medical doctor dermatology, Bispebjerg Hospital
Copenhagen Correctly diagnosing cellulitis16:30 – 16:50 Dr. Elizabeth Webb, Australia
Fellow Genome Sciences and Cancer Division, LO
Physiotherapist, Canberra The role of compression therapy in the treatment of cellulitis16:50 – 17:10 Prof. Ningfei Liu, China
The use of compression therapy in the treatment of
cellulitis combined with Chinese medicine17:10 – 17:30 Justine Whitaker, UK
MSc, RN, senior lecturer University of Central Lancashire,
Director North. Lymph. Clinic Inflammation, friend or rival? The chicken and egg scenario of inflammation and cellulites17:30 – 17:50 Dr. Kiyoshi Yamada, Japan,
plastic surgeon, private clinic in Okayama Preventing cellulitis / inflammation in relation to surgery17:50 – 18:00 Prof. Christine Moffatt, UK
Introducing the round table session; Why are we
struggling accessing and using compression therapy18:00 Nikolas Zwarg, Germany
Round up of 1st day

Day 2; Sunday the 23rd of March 2025

Session 5: (Micro)surgery, the solution in the treatment of lymphoedema? How about compression therapy afterwards?		
Moderator(s)	Dr. Robert Damstra, the Netherlands; giving the speakers quotes to react to	
Time:	Speaker:	Title lecture:
09:00 – 09:10	Nikolas Zwarzq	Opening day 2 & short feedback on day 1
09:10 – 09:30	Prof. Dr. Johnson Chia-Shen Yang, Taiwan Supermicro(plastic)surgeon, Director Lymphoedema Center, Kaohsiung Chang Gung Memorial Hospital	Microsurgical interventions including compression therapy; the way to go?
09:30 – 09:50	Prof. Dr. med. Christian Taeger Specialist in plastic and aesthetic surgery, hand surgeon. Plastic surgery & aesthetics on the Isar, Munich	Current surgical concepts of chronic lymphedema and the role of concomitant conservative therapy
10:10 – 10:30	Dr. Shinsuke Akita, Japan Plastic surgeon, Chiba University hospital, Chiba	Importance of compression therapy after LVA; is it a common procedure in Japan to use compression after surgery?
10:30 – 10:50	Prof. Dr. Weijian Chen, China Attending Physician, the First Affiliated Hospital of University of Science and Technology of China	Lymphatic anastomosis shunts, super microsurgical techniques; the Chinese experience
10:50 – 11:10	Prof. Dr. Zhegang Zhou, China	Using LVA to treat advanced cancer-related lymphedema
11:10 – 11:30	Dr. Robert Damstra & Prof. Dr. Johnson	Discussion on Surgery in Lymphoedema
11:30 – 11:50	Break	
Session 6: medi session on industrial challenges in compression therapy & new indications or fields		
Moderators	Prof. Dr. Louise Koelmeyer, Australia & Justine Withaker, UK	
Time:	Speaker:	Title lecture:
11:50 – 12:10	Els Brouwer, The Netherlands Chair of the Dutch Ass. For Physiotherapy in oncology and lymphology (NVFL) Consultant & teacher Dutch Allied Healthcare	The right choice of compression for lymphoedema patients; the challenges for the producer
12:10 – 12:30	Dr. Noriko Kobayashi, Japan	The right compression therapy in pregnant women; the Japanese approach
12:30 – 12:50	Prof. Dr. Nele Devoogdt, Belgium	How to promote self-management in compression therapy; solutions from the producer
12:50 – 13:10	Justine Whitaker, UK	Compression in hot climates; patients' complaints! What does science say about heat in relation to compression therapy
13:10 – 13:30	Elizabeth Ringrose, Australia Oncology and Lymphoedema Physiotherapist, Univ. of Sidney, ALA board member	Optimizing Health and Wellness after a Cancer Diagnosis – Bridging the gap between research and practice
13:30 – 14:00	Lunch Break	

Session 7: Why are we struggling accessing and using compression therapy?			
14:00 – 14:15	Prof. Christine Moffatt (overall moderator)	Introduction to the 4 round table sessions	
14:15 – 15:00	Round table sessions:	See below which topics are discussed in which group	
Round table group 1	Round table group 2	Round table group 3	Round table group 4
Topic: Compression used in CDT	Topic: Compression used to prevent cellulitis	Topic: Compression after surgery	Topic: Compression as a self management tool
<i>Moderators:</i>			
Prof. Louise Koelmeyer, Austr.	Dr. Robert Damstra, NL	Prof. Dr. Christean Teager	Dr. Ad Hendrickx, Netherlands
Prof. Gaoming Liu, China	Dr. Makato Mo, Japan	Prof. Dr. Johnson Chia-Shen Yang, china	Dr. Debbie Gayer, Australia
Prof. Nele Devoogdt, Belgium	Justine Whitaker, United Kingdom	Dr. Shinsuke Akita, Japan	Prof. Jin Hu, China

